

CENIT CARES



REPORT 2019

EDITORIAL

DEAR COLLEAGUES,

No matter whether you look at the newspaper, listen to the radio or watch TV – good news are few and far between. Take heart: We only have good things to report!

We mean the news from the many CENIT Cares projects which colleagues from CENIT have initiated or realized over the past months.

It's a topic we like to talk about – to acknowledge what our colleagues are doing, and to spread the word. Because each one of you can propose a CENIT Cares initiative!

Behind all CENIT Cares projects are personal stories and ideas – all of them devoted to the idea of doing good deeds and helping where help is needed. Let's keep it up!

Best regards,
Your CENIT Cares Team



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EVERY CHILD HAS THE RIGHT 'TO BE A CHILD', DUTCH ANNE PRESCHOOL IN SRI LANKA



In the kindergarten on Sri Lanka “Dutch Anne Preschool” up to 20 laughing children come every day. Every morning, common rituals such as singing, praying, eating, learning and playing are practiced. This is often the only time of the day when the children are able to get attention, learn rules and are allowed to be children. Sabine Dittrich worked there for 4 weeks in February 2019 and saw that the children were doing well during this time. However, she also noticed that there was a lack in many places, especially the floor of the facility was fragile, rough and very difficult to clean.

When she informed her husband Tobias Dittrich about this, CENIT Cares quickly responded that ‘we want to help!’ As a result a donation was spent on a new floor covering on which the children and the teachers can continue to laugh together. Special thanks to Mr. and Mrs. Dittrich!



ASSOCIATION FOR CHILDREN WITH CANCER IN TÜBINGEN



On the 11th of April our colleague Rudi Erath visited the Association for Children with Cancer in Tübingen in order to spread the message of our donation. He spoke there, as last year, with the deputy chairman of the association, Mr. Simschek. He informed in detail about happenings and developments of the association. Thus the association developed surviving young people into so-called “survivors” who make contact with young patients in order to share their experiences and encourage them to start upcoming therapies. This group has now grown to 12 persons. In addition, music and painting therapy was further expanded, as well as the psychological care. All other commitments such as grants for medical equipment, research support, grief counseling, etc. continue to exist.

For example, a contribution is also made to a new measuring and analysis device in the children’s clinic that improves the classification of tumours and thus makes therapy even more targeted, specialised and successful.

Much thanks to our colleague Rudi for his engagement! We are very happy to support this great association!



24-HOUR RUN FOR CHILDREN'S RIGHTS IN STUTTGART 2019



On 6th and 7th of July 2019 this year's "24-hour run for children's rights in Stuttgart" took place. This time at a new location, the university's sports grounds.

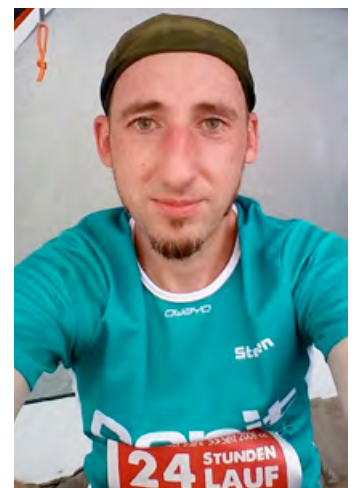
The principle remains the same: a team or individual runner looks for a sponsor who donates an amount for each round run. The sum of all donations goes to various projects of the Stuttgart children's and youth work. For the first time, a children's jury was also allowed to vote on which projects to consider. As in the previous year, CENIT supported my idea, which makes me very happy!

This additionally motivated me to set up my tent on the sports ground, which would be my home for the next 24 hours. At 2 p.m. the start finally took place. A colorful troop, from small to large, all with a balloon in their hands, started to move. As this was a charity event, every age group could be seen; and, no matter if one or hundreds of laps, as a walk or race, everyone was having fun.

My plan was to start the first few hours moderately, not only because of the heat, but also for tactical reasons. And indeed, the thermometer soon reached the 30 degree mark. The tartan track flickered, the drinking place was well frequented. It was my wish to reach the distance of the previous year and ideally to put an extra distance on it; but in 24 hours a lot can happen... So I controlled my laps, watched the action, made sure I had enough drinking and energy. But the heat was causing me noticeable problems. And so my first and fortunately only crisis began in the late afternoon. The combination of the warmth and something I had eaten caused some nausea and weakness. A little break didn't seem to help, so I decided to listen to my body and gave myself half an hour of rest. Prepared for this, I drank some tea and carefully ate some food. With the certainty that I had lost time, but that I had taken care of my health, I started again.

Round after round it resumed, the dawn began slowly. It was still warm, but now there was a black cloud front in the sky that didn't promise anything good. In the meantime there were less people on the track, when suddenly the first lightnings lit up the night sky. Around 11 p.m. finally the race control had to intervene and caused an interruption of the race, because the thunderstorm was now directly above us. I quickly finished my lap and "secretly" put another one on, but then I definitely had to leave the place and ran to the tent. Only a few minutes later a call came that everything would be evacuated and we had to leave the tents. Meeting point was a covered area at the changing rooms. I preferred to stay protected, but in the fresh air. The thunderstorm raged over us, just it didn't want to leave. Meanwhile midnight was long over. Such a long break is not good for the running rhythm, also not for the race tactics and certainly not for the own ambitions. But the necessity was confirmed by every lightning bolt.

After about 90 minutes the race could finally be continued. It was now wet and much cooler. Then the night stood before us with a partly illuminated track. In the race planning this phase played a big role for me, because I wanted to do a lot of laps in that time. And it's simply nice to be out in the dark, to enjoy the silence on the circuit, the colorful lights reflected on the wet track, the confrontation with yourself, the mysteriously waving trees and their shadows. But also to observe what happens beyond the track, who celebrates, sleeps or observes. It went according to the schedule for me, and I can still remember the bird that tweets its first song around 4:30 a.m.



With the sunrise there was also more life in the stadium. Some had walked through the night, some looked skeptically from their tents. A not inconsiderable part still slept or was at home. At 6 a. m. it finally began to smell deliciously of coffee. The temptation was huge, but I remained strong. It was still much cooler than the day before. It remained damp, partly it also rained. In the morning, after 110 kilometers, I dared to take a look at the current intermediate result. And I became aware that a top 5 position was possible; even better, it was about 2nd place, and it would be exciting; very exciting! Although I was still on this place at the moment, the third-placed competitor who had disappeared overnight seemed to be catching up again. That spurred me on and I kept looking back at him to see how he was, when he was taking a break, and tried my best myself. A real fight broke out, even if only with blunt weapons after such a long time. I denied it to me to look again at the intermediate score, trusted instead on my feeling and tried it simply further.

The last hours are always the finest folk festival on the track. More and more small and big legs join in again! Most of the participants walk, talk, laugh, but some don't look so fresh anymore. For me it was a mixture of walking, running, drinking, taking short breaks, watching the other runners, making sure that nothing happens on the track. I wanted to get a few more kilometers out, but unfortunately my left knee started to send first signals. So only a few fast laps were possible in between, before I had to slow down again. A very intense, but also touching time.

And so it happened that these 24 hours also came to an end sometime. Another very beautiful, exciting, thrilling, adventurous, but also exhausting time with ups and downs. I would like to thank CENIT very much for having made this possible for me and for once again supporting important projects for children! And yes, for me the plan had also worked out, 136km (340 laps) and 2nd place in the individual classification, even with a break in the night.

But the most important thing: a total of 1800 committed people on the track, numerous other helpers, a total of 55500 laps that is 22200 kilometers! A great support.

CENIT Cares says thank a lot to Steffen Wittmann!



VILLAGE PIONEER PROJECT E.V., PURCHASE OF OIL SEED PEELER AND EXTRACTOR FOR SPICES



Village Pioneer Project (VPP) is a development aid project in Nigeria, which primarily offers help for self-help. In order to reduce the rural exodus, VPP has, among other things, founded a cooperation in which women have the opportunity to learn a job and earn their living. VPP supports schools and vocational training, optimizes agriculture and cattle breeding, provides fresh water and electricity.

CENIT's last financial contribution to the women's cooperation project (i.e. the purchase of oil seed peelers and spice extractors) has helped us a lot in the realization of the above mentioned project. This share alone was enough to buy a peeler that can peel two different oilseeds. The same machine, mounted on a petrol/diesel engine, can also be used for extraction. The women's cooperatives have now received the equipment. The oilseeds can now be peeled and extracted much more efficiently than before, when all the processes were done by hand. The cooperatives are much more productive thanks to the new machine. In addition, the seeds and oils are now of a much higher quality.

Village Pioneer Project (VPP) in Ondo and the state of Ekiti would like to thank CENIT for all financial contributions to development projects up to now. CENIT's various contributions have helped them to complete some of the previous projects. This was a great CENIT Cares participation by Karin Fischer. Thanks so much!

A BRAS OUVERTS



Trip with A Bras Ouvert (ABO) from the 13 to the 17 July 2019. Five days that seems to be totally ordinary with a rather banal schedule...

We are leaving in our colorful can, towards the sea, towards the Corbières. It is very hot, so that we have to adapt our schedule according to the sunrise and sunset. Breakfast is taken in the cool before the sun is too hot. The nap is obligatory and punctuated by Lucas's tambourine. Then as soon as the sun goes down, we go for a walk, to the beach or in the park of the house in which we live. Afterwards we're having an aperitif and dinner. The days go by quickly and time passes without you being aware of it.

Five extraordinary days because at the heart of these simple activities, there is the meeting with Lucas. Lucas does not talk much, let's say not even at all. He does not read either, he does not like drawing or coloring and I can hardly motivate him to play football or at UNO ... Most of the time, he takes his ease on a chair, waving a tambourine and watch the group activate. And yet so many things happen with Lucas and we're not bored for a minute!

With a simple pressure of the hand, he knows perfectly how to make me understand the place he wants to visit, the chips he prefers, and the music he wants to hear. But here, to understand all these gestures, you have to take time, to be present next to Lucas and let yourself be reached. In one word, to enter in a relationship. And a stay of five days is ideal for this: five whole days to get to know each other better, five days to sing, draw, play, dance ... with Calvin, Ariane, and Camille. Spent such a good time in the group, with Lucas. And the end comes near, it's time all to be cleaned, to get back into the van and say goodbye. Thanks to this trip, I got to know Lucas better and he probably got to know me better too ... and I hope he will want to go back on a weekend with me!

SONNENHOF GAILDORF SUMMER VACATION 2019



As the old year now unstoppable is passing by, days already have become colder and grey – it is a great moment for me to look back to another great Sonnenhof Gaildorf summer vacation with disabled people we had this year.

Since we were able this time to catch a nice cottage for our own in Kleinwalsertal in Austria we did not only have the best scene for such a great weather but also a lot of possibilities for trips and activities. Besides hiking in Gemsteltal and to Breitachklamm, visiting several alpine (outdoor) museums and – of course – the Skyline amusement park, which definitely is one of the highlights for our occupants, we also had some time for relaxing, playing games and watching movies.

After nine days of many activities and short trips we made our way back to Gaildorf. Done, but very happy and full of nice memories we arrived there, talking about our next vacation already. So I am excited for 2020 to come and the reunion on our next summer vacation together.

Great to see how motivated Luca Derderian is already for this project in 2020.



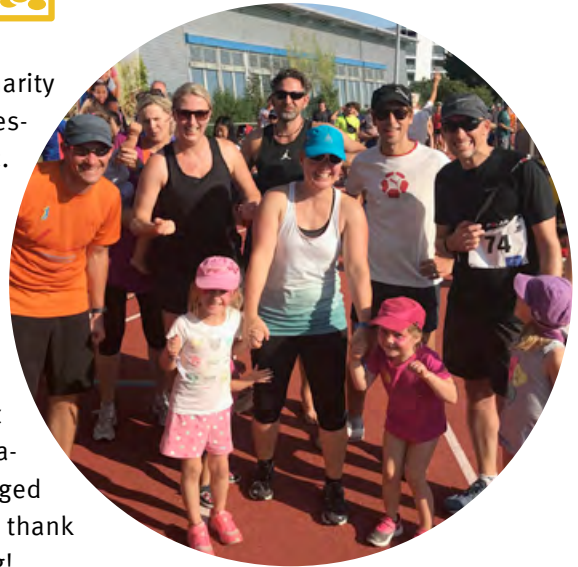
CENIT CARES ACTIONS

RUN FOR CHILDREN, PERSONAL IMPRESSIONS



Today I am very glad to give you a short report about an outstanding charity running event, collecting money for associations, helping children, especially in and around my hometown Mainz. The runforchildren-Mainz. The concept is, to run as much rounds as you can with your team in 6h. Each round is rewarded by a sponsor (in our case CENIT) with 2 Euros. This year we had been one of 77 teams and reached 171 rounds. By the way: the fastest team ran 265 rounds in the same period. That's about 80 seconds per round in a 6 hours period – outstanding.

With that concept this event collected overall 2 million Euros in the last 15 years. This sum is distributed to a total of 35 children's aid organizations that sustainably support sick, disabled and socially disadvantaged children in Mainz and the surrounding area. At this point I would like to thank CENIT and the CENIT Cares initiative supporting us doing a good thing! CENIT Cares itself says, many thanks for your engagement, Nils Enke!



“CENIT CARES” SUPPORTS ELLIOT SUFFERING FROM CANCER



Our colleague Thomas Fritz became aware of the fate of little Elliot (five years old) from Erzhausen through sports club activities of his children. The boy suffers from a neuroblastoma, a malignant tumor with metastases in the abdominal region. His last chance is a cancer treatment in the USA, which has to be completely financed by the parents themselves.

The family's appeal for donations triggered a wave of helpfulness. Private persons, companies and associations from the region became active to raise the required donation sum of 1.4 million €. Thomas was involved in a charity soccer tournament of the sport club „SV Erzhausen” and turned to “CENIT cares” with the request to support Elliot.

The „Verein für krebskranke und chronisch Kranke Kinder Darmstadt / Rhein-Neckar (VKKD) e.V.“ is a aid organization for children suffering from cancer. The organization offers parents psychosocial and family therapeutic support and tries to relieve affected families financially and organizationally. The donation by CENIT AG to the special donation account set up for Elliot supports Elliot's family to cover the costs for the medical treatment. Thanks so much for this important idea to Thomas Fritz!

WHAT COMES NEXT? WE WANT TO CONTINUE AS BEFORE.

We want to help others – and give support to those who are in need. For this purpose CENIT, as proven, provides an annual budget as well as a certain number of days of special leave.